

## THE IMPACT OF LYING HABITS ON STUDENT SOCIAL LIFE

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**Abstract.** *Academic dishonesty is still common among academics, including students. This will trigger acts of corruption in the world of work later. Gunawan & Ratmono said that the impact of fake news spread by perpetrators of lies can disrupt society, not only in the Maya universe but also in real life, even threatening national integrity and national stability. So, it is important for us to know that dishonesty in academia, especially students, can have fatal consequences. The purpose of this research is to see the effectiveness of official or religious self-monitoring as a strategy to reduce academic dishonesty behavior among students. Phung & Marbun in Alfi Novia state that information bias in a person tends to choose and pay more attention to information that contains their opinion, meanwhile they ignore information that contradicts their opinion through peer education. This study uses an experimental research design, namely the pretest-posttest control group design. The collection of data used in the research of this paper uses a scale of academic dishonesty, observation. The results of the study show that the official is known to be effective in reducing academic dishonesty behavior in students with an effective contribution of 47.9%. Based on these results, it can be concluded that religious self-monitoring (RESMI) through peer education is proven to reduce academic dishonesty behavior in students. Islam as a good religion teaches its people to speak honestly, God commands people to speak honestly in the Quran. Allah SWT said in Surat At-Taubah verse 119, "O you who believe! Fear God, and be with those who are true (honest)." Rasulullah also ordered his people to tell the truth because being honest will lead to virtue. The Prophet SAW said, "You should speak honestly because honesty leads to virtue and virtue leads to heaven. And stay away from lies because lies lead to evil and evil leads to hell." Lying is a disgraceful act, it is undeniable that the habit of lying occurs and it is massive among college students. It's a shame that nowadays academic degrees and high academic levels are not accompanied by high morals, students should be pioneers, not only in matters of knowledge but also in all things. Honesty is a fixed price in life, the Qur'an forbids us to lie in many of its verses. For this reason, we are interested in exploring the negative social impacts caused by students' lying habits.*

**Keyword:** Lying, Student, Campus, Habits.

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### INTRODUCTION

Lately, the Indonesian people have been surprised by the number of regional leaders who have been arrested by the Corruption Eradication Commission (KPK) for alleged corruption cases. Not only regional leaders, many government and private officials have been arrested by the Corruption Eradication Commission because of alleged corruption cases, making people wonder, what happened to make people want to do things that violate applicable norms and laws? Behavior like this can be said as behavior that does not show one's integrity. According to Schiller and Bryant (2002), integrity and honesty are part of the basic morals of individuals.

Someone is said to have integrity, when the person is honest with himself and adheres to his own moral values.

Increasingly sophisticated technology also influences the spread of hoaxes and provides information the likelihood of serious misinformation occurring is becoming more and more. University of Indonesia Communications Expert Professor Alwi Dahlan explained "hoax" or fake news is news that has been planned by the spreader, is a deliberate manipulation of news and aims to provide a false confession or understanding. There is a difference between hoaxes or ordinary fake news, hoaxes are planned beforehand while Fake news is something that is made up like the phenomenon that happened in Syria, "The difference between hoaxes and news is that people misquote them. In hoaxes there is a distortion of facts so that it attracts the attention of the public. Hoaxes are deliberately spread to direct people in the wrong direction .(Majid, 2019).

The hoax phenomenon on social media is targeting various groups of people, especially the millennial generation due to the massive use of social media. One part of the millennial generation, the reason students always use social media is for several reasons, namely, (1) information, where the basic need for the latest information causes students to always access information; (2) self-actualization which includes student activities that aim to maintain self-existence from the environment by prioritizing what other people want to know; (3) entertainment, in the form of viewing activities as an effort to entertain oneself by using videos or photographs; and (4) business, namely efforts to fulfill the need to support themselves from various economic needs through income from social media. In addition, as part of the millennial generation, students have a high dependence on social media, even the majority of students feel anxious if they don't use it.(Dulkiah & Setia, 2020).

Facing the current era of disruption, the role of students has not increased just sitting to gain knowledge on a lecture bench or focusing on pursuing the discipline they are currently pursuing, but more than that. Students are required to be able to keep up with the development of digital technology and the internet which is synonymous with speed and ease of access, as well as the breadth of reach that creates novelty in various fields, completely changes the social, economic, cultural, community structure, and brings many positive impacts in it. Even so, it also has a negative impact on life. One of them is the easy spread of fake news or hoaxes in society .(Aisyah, 2021).

Female students want to be acknowledged by their environment by trying to be part of that environment. The need to be accepted and to be the same as other people of the same age causes adolescents to try to follow various current attributes. It becomes a problem when this tendency, which is actually normal for teenagers, is carried out excessively. Sometimes what is demanded by teenagers is beyond the ability of their parents as a source of funds. According to Zebua & Nurdjayadi (in Sitohang, 2009), buying is no longer done because the product is really needed, but buying is done for other reasons such as just following the flow of fashion, just wanting to try new products, and wanting to get real functions and become a an arena for wasting costs because they do not have their own income. (Fitriyani et al., 2013).

Students as the backbone of the Indonesian nation in the future, of course, must prepare themselves from various fields. One of them is in terms of human resources or human resources who are qualified and have the ability to be able to compete in today's digital era. But it is very unfortunate, in the midst of the rapid development of science and technology, many students do not use technology wisely, especially when talking about online games.(Ondang et al., 2020)

## **METHOD**

The research method used in this journal is qualitative which describes the roots of the problem and solutions so that readers can easily understand it. The method in this study uses descriptive qualitative methods, which are carried out by observing and analyzing student behavior and also studies from various other scientific journals. So that the resulting arguments based on scientific data.

## **RESULT AND DISCUSSION**

### **1. A new lie appears**

If lying is like a carcass, then the longer it will stink, the longer it will take a lot of people to smell it before it finally gets caught. When I lie to the lecturer, I will continue to lie and the lie will become a normal thing. This is the source of the problem, we are too easy to tell the truth, we prefer to answer as long as we honestly don't know. Prof. Mehrabiun stated "communication that is carried out directly the message conveyed can be received by identifying the truth as follows 7% through the meaning of the words spoken, 38% through intonation, and 55% through gestures in a conscious state or not. Human communication involves emotions. For people who know, of course it's not difficult to read the level of honesty from a person from the physiological response of the body which is very difficult to fool

### **2. Feelings are not calm**

Humans have their own nature, if he does good then he will be calm but if he does evil then he will also be anxious even though other people don't know. Berndson.G.G, Cacioppo states "Psychophysiology specifically discusses the relationship between the physiological conditions of the body. In principle, a person who lies will feel pressured, stressed, threatened, these feelings will be shown in the form of a physiological response". A person lies in the hope that he will be safe, even though without realizing it, he will continue to sink into a deep abyss, have trouble sleeping at night and many more so that it will affect the physical and also the bad psychology of the perpetrator of the lie

### **3. Create new problems**

Of course, if there is a student who wants to enter the faculty of medicine but he does not pass the test, an honest person will realize that he is incapable and will look for another major that is more suitable for him, but in the case of a person who is dishonest or lies, he will force

and do whatever it takes to get in including bribing the campus, then look at the result of how many hospitals are practicing malpractice and many young doctors are not trusted by the community because of their egos that are too forced, to be honest I can't bear to say

#### 4. Be aggressive

It is undeniable that once a lie is committed, it will become a sin and a black stain in the heart, his emotions will become unstable and his hands will be dirty and many things will happen, the people around him will also notice changes in attitude from day to day. The anger that he did was all aimed at so that he could be safe so that other people believed in him and also so that the attention of other people could be taken.

#### 5. Hard to believe

The impact of this is very fatal because the capital we live as social beings is to be trusted, the impact of the lie he does will affect his old age, if we buy fruit and we are deceived then we will not want to buy with him again even if he sell a good product, that's just one what if we do lies every day

### CONCLUSION

Honesty is a non-negotiable fixed price. It is an asset and also our living capital. If we lie then we are in trouble and the lies we do will have an impact on tomorrow where we don't know how we are, to be honest it is bitter but it is good. Lying is sometimes sweet but it's bad. The parable of telling the truth with a lie like medicine with poison. It remains for us as students to choose which one is good and which one we like more and which one is more useful

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