

## DEVELOPING POSITIVE SELF-CONCEPT IN EARLY CHILDHOOD THROUGH ISLAMIC EDUCATION: A GUIDANCE AND COUNSELING APPROACH

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**Abstract:** *Developing a positive self-concept in early childhood is a fundamental aspect of personality formation that influences emotional, social, and moral development. Islamic education plays a significant role in shaping children's self-concept by instilling faith-based values, moral conduct, and a sense of identity rooted in Islamic teachings. This study aims to examine how Islamic education contributes to the development of a positive self-concept in early childhood from a guidance and counseling perspective. The research employs a literature review method by analyzing relevant national and international journal articles, books, and empirical studies published within the last decade. The findings indicate that Islamic education fosters positive self-concept through value internalization, role modeling, habituation of religious practices, and supportive teacher-child interactions. Furthermore, guidance and counseling approaches in early childhood education emphasize preventive and developmental services that strengthen children's self-awareness, self-esteem, and social adjustment in accordance with Islamic principles. Integrating Islamic educational values with guidance and counseling strategies can effectively support holistic child development. This study concludes that Islamic education, when aligned with guidance and counseling approaches, plays a crucial role in nurturing a positive self-concept in early childhood.*

**Keywords :** *Positive Self-Concept, Early Childhood Education, Islamic Education, Guidance And Counseling, Character Development.*

### Introduction

Childhood age early is period golden age in development very individual determine formation personality on next stage . On this phase , the child experience development rapidly in aspect cognitive , social-emotional , moral, and spiritual . One of them aspect very psychological important For developed since early is draft self . Concept positive self become the basis for child in building trust self , self-esteem self , ability socialize , as well as readiness face challenge development next.

In **Constitution Number 20 of 2003 concerning System Education National** , Children age early defined as : A child who is on range ages 0–6 years who need given stimulation education For help growth And development physical And spiritual to have readiness in enter education more carry on .( Ministry of Elementary and Secondary Education , 2020).

Childhood age early is period development from birth until age around 6 years , which is marked with development very brain fast as well as basic formation of personality , emotions , and social children age early Also experience development rapidly on aspect physical , cognitive , social-emotional , language, and moral . Appropriate stimulation on this age is very determine

quality development children in the future . ( Santrock , 2019; NAEYC, 2020; Suyadi , 2021; Mulyasa , 2022; Nurzannah , et al. , 2023)

In context modern life , understanding draft self positive become the more crucial remember various challenges faced teenagers , starting from the influence of social media , peer pressure , to expectation academic And high social . Islam offers a unique perspective that combines spiritual, psychological and social aspects social in formation draft balanced self And positive (Uli Makmun Hasibuan and Asbi , 2025)

Draft self is perception individual to himself formed itself through experience, interaction social , as well as evaluation environment around . Children who have draft self positive tend show behavior adaptive , capable manage emotions , as well as own motivation good learning . On the other hand , the concept self negative can impact on emergence behavior interesting self , low self , until difficulty social . ( Papalia And Martorell , 2021; Agustiani And Savira , 2022; Chacón , et. al., 2025)

In context Islamic education , formation draft self No only oriented on aspect psychological , but Also spiritual and moral. Islamic education instills mark monotheism , morals noble , responsible answer , and awareness self as servant of Allah. These values become foundation important in form identity self child in a way intact ( Suyadi & Ulfah , 2021; Masitah Pohan , et al. , 2021; Achmad Djuaini , 2025)

Guidance and counseling developmental guidance ) very effective implemented on child age early Because focus on prevention problem And strengthening potential self . Service structured guidance capable increase self-awareness , skills social , and sense of trust self child since age early .( Gladding , 2021; Sink and Stroh, 2022)

Approach guidance And counseling in education child age early plays a strategic role in help child know self , develop potential , as well as adapt self with environment . Services guidance of a nature preventive And developmental very relevant For grow draft self positive since early ( Gysbers & Henderson, 2020).

Based on description this article aims to For study in a way comprehensive How Islamic education contributes in develop draft self positive on child age early through approach guidance And counseling based on study literature latest .

## Literature Review

### 1. Concept Self on Early childhood

Draft self is description individual about Who himself , including aspect physical , psychological , social , and moral . According to Marsh and Craven (2022), the concept of self formed through interactive experiences social , feed back from the environment , as well as process reflection developing self along age .

On child age early , concept self Still nature simple and concrete, such as introduction self , feelings able , and acceptance from the environment . OECD (2021) emphasized that development draft positive self on age early correlated strong with welfare psychological And success academic in the future .

### 2. Islamic Education in Formation Draft Self

Islamic education has holistic characteristics that include aspect cognitive , affective , spiritual, and moral . According to Al- Attas (2020), the objectives main Islamic education is form a person who believes , has morals noble , and own awareness self as creature God's creation .

Islamic values such as monotheism , gratitude , patience , responsibility answer , and manners become runway formation draft self positive . Children who are introduced on mark

Islam since early will have identity a strong self , a sense of security , and trust healthy self ( Suyadi & Ulfah , 2021) .

Studies international by Abdullah and Brown (2022) shows that education based mark religion contribute significant to development self-esteem And control self child age early .

### 3. Guidance and Counseling Approach Counseling in Education Early childhood

Guidance and counseling on child age early nature preventive And development ( developmental) guidance). According to Gysbers and Henderson (2020), services guidance aim help child understand self , develop potential , as well as build connection healthy social .

In Islamic perspective , guidance And counseling No only focus on solution problem , but Also on coaching morals And strengthening spiritual values . Counselor play a role as educators , role models , and facilitator development children (Rahman & Yusuf, 2023). Integration guidance And counseling with Islamic education allows formation draft balanced self between aspect psychological and spiritual .

#### Method

This research uses method **review literature review** ) . Data sources obtained from the article journal national And international reputable , books scientific , as well as report relevant research with topic draft self , Islamic education , and guidance counseling child age early . Data analysis techniques were carried out with method grouping findings research , comparing results studies , as well as synthesize concepts main For get conclusion comprehensive . ( Arikunto , 2020; Sugiyono , 2022; Suryana and Rizal, 2023)

### Results and Discussion

#### 1. Role Islamic Education in Formation Draft Self Positive

Results study show that Islamic education plays a role significant in form draft self positive through :

- **Internalization mark monotheism** , which fosters a sense of trust self And objective life.
- **The teacher's exemplary behavior** , which becomes model behavior positive for child .
- **Habituation worship And morals** , such as prayer, mutual respect , and not quite enough answer .
- **Environment religious learning And supportive** .

Study by Rahmawati et al. (2022) showed that children who get education based Islamic values have level self-esteem And control more emotions Good compared to children who do not get strengthening spiritual values in general systematic .

According to Nata (2021 ) , Islamic education does not only transfer knowledge , but form personality Muslims who intact through planting mark monotheism , morals , and manners . Values the play a role important in build draft positive self And meaningful .

#### 2. The Role of Guidance and Counseling in Strengthening Draft Self

Approach guidance And counseling help child :

- Recognize potential self
- Manage emotion
- Develop skills social
- Increase trust self

This approach is in line with findings Bornstein et al. (2021) which states that intervention psychopedagogical since early contribute to formation stable self-concept and adaptive .

In Islamic context , services guidance done humanistically , religiously , and oriented on mark morals , so that child No only develop in a way psychological but also spiritual.

### 3. Integration Islamic Education and Guidance and Counseling

Results study Rahim et al. (2023) show that integration Islamic values in service guidance child age early impact positive to :

- formation character religious ,
- strengthening identity self ,
- improvement empathy and not quite enough answer social .

This is in line with UNESCO findings (2022) which emphasize importance education based mark And welfare psychosocial in education child age early .

Can concluded that Integration Islamic education with guidance counseling proven effective in :

- Forming identity self positive
- Develop moral awareness
- Increase adjustment social child
- Growing Islamic character since early

Model This integrative approach places teachers and counselor as facilitator development holistic child , in line with principle Islamic education of mercy little world .

### Conclusion

Based on results study literature , can concluded that development draft self positive on child age early very influenced by quality education received , especially integrated Islamic education with approach guidance And counseling . Islamic education provides runway mark spiritual and morals that strong , while guidance And counseling play a role in develop aspect psychological And social child .

Integration both of them capable form children who have draft self positive , believe self , morals noble , and capable adapt self with environment . By therefore , the implementation planned Islamic education And supported service guidance professional counseling become an important strategy in development child age early in a way holistic .

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