

STRATEGY OF GUIDANCE AND COUNSELING TEACHERS IN INTEGRATING ISLAMIC VALUES IN COUNSELING SERVICES AT AL-IKHLASIAH SCHOOL

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Abstract: *This study aims to analyze the strategies of guidance and counseling teachers in integrating Islamic values into counseling services at Al-Ikhlasih School. Using a descriptive qualitative approach with case studies, data were collected through in-depth interviews, observations, and documentation of guidance and counseling teachers, principals, Islamic Religious Education teachers, and students. The results of the study indicate that guidance and counseling teachers implement a counseling curriculum development strategy based on Islamic values, individual and group counseling approaches with spiritual content, role models in counseling practices, and collaboration with religious teachers and parents. The main challenges faced include differences in religious understanding, limited training, and lack of family support. Nevertheless, the integration of Islamic values has been shown to increase the effectiveness of counseling services and contribute positively to the formation of students' noble character. This study recommends increasing professional training and strengthening synergy between schools, families, and communities to optimize counseling services based on Islamic values.*

Keywords: *Guidance Counseling, Islamic Values, Counseling Services*

Introduction

Guidance and counseling in educational institutions play a vital role in shaping character and supporting students' psychological development (Reza Hawari, et al: 2023) . In the context of Islamic education, guidance and counseling services not only focus on psychological and academic aspects, but also need to integrate Islamic values as a moral and spiritual foundation for students. This is becoming increasingly important amidst the challenges of the globalization era which is full of moral and ethical problems.

The integration of Islamic values in the practice of guidance and counseling provides a comprehensive moral framework for counselors in carrying out their duties. Values such as honesty, justice, compassion, and responsibility not only provide a moral foundation for counselors but also provide comprehensive guidance in carrying out professional duties (Akhir Pardamean , et al: 2024) . This approach creates counseling services that are not only psychologically effective but also spiritually and culturally relevant for Muslim students (Widya Masitah: 2019).

Al-Ikhlasih School, as an Islamic-based educational institution, has a responsibility to ensure that the guidance and counseling services provided are in line with Islamic values. However, integrating Islamic values into guidance and counseling practices is not an easy task. It

requires specific strategies and a deep understanding of how Islamic values can be applied in the context of modern counseling.

This study aims to explore and analyze the strategies used by guidance and counseling teachers at Al-Ikhlasih School in integrating Islamic values into counseling services. In addition, this study also aims to identify the challenges faced and the benefits obtained from the integration of Islamic values in guidance and counseling practices at the school.

Literature Review

The Concept of Guidance and Counseling in an Islamic Perspective

Guidance and counseling in an Islamic perspective not only focuses on solving students' psychological problems, but also relates to the formation of morals and character in accordance with Islamic teachings. According to the results of recent research, the Islamic guidance and counseling approach is holistic and considers the spiritual, moral, and psychological dimensions of the individual. (Syifa:2024). This approach places the Qur'an and Hadith as the main sources in forming a counseling framework.

In practice, Islamic counseling guidance integrates values such as compassion (rahmah), justice ('adalah), honesty (sidq), patience (sabr), and empathy as a foundation in helping clients. (Syifa, Irsydunnas : 2024) . These values not only strengthen the moral foundation of counselors but also increase the cultural and spiritual relevance of the counseling services provided.

Integration of Islamic Values in the Ethics of the Guidance and Counseling Profession.

The integration of Islamic values in the ethics of the counseling profession has a significant impact on the quality of services provided. Recent research shows that counselors who integrate Islamic values in their practice tend to provide more empathetic, fair, and responsible services, which ultimately improve client well-being (Akhir Pardamean , et al: 2024) . Values such as amanah (responsibility), tabligh (effective communication), fathanah (intelligence), and siddiq (honesty) are ethical principles that guide the professional practice of Muslim counselors.

However, the integration of Islamic values in the ethics of the guidance and counseling profession also faces challenges, such as lack of training and differences in client backgrounds that need to be addressed (Jamila , et al: 2023) . Curriculum development, regular training, and strengthening the professional community are practical solutions to improve the integration of Islamic values in the ethics of the guidance and counseling profession.

Strategy for the Formation of Islamic Moral Values through Counseling Guidance

The formation of Islamic moral values in students requires a systematic and comprehensive strategy. Research conducted at MA Tarbiyatul Islam Aziziah NW Wanasaba and MAN 2 East Lombok shows that good guidance and counseling services can help shape Islamic moral values in students (M. Hamzanwadi: 2024). The strategies used include role models, giving advice, habituation, and discipline.

The guidance and counseling services implemented include individual, group, and information services (Gusman Lesmana: 2021). However, there are several inhibiting factors such as the community environment, family, inadequate facilities, and lack of cooperation between teachers. Therefore, good cooperation between BK teachers, PAI teachers, and families is the key to success in forming Islamic moral values in students.

Holistic Approach in Islamic Counseling Guidance

A holistic approach in Islamic counseling guidance is a strategy that integrates Islamic values with modern psychological approaches to provide comprehensive solutions to individual problems in the modern era. The latest study explores how the values of Ulumul Hadith can be integrated into Islamic guidance and counseling to provide a holistic approach. (Syifa, Irsydunnas :2024) .

Key values from the Hadith, such as compassion, justice, honesty, patience, and empathy, are contextualized to enhance the effectiveness and spiritual relevance of counseling practice. Findings suggest that the integration of these values strengthens moral foundations, enhances cultural and spiritual relevance, and encourages a holistic approach to addressing client problems. (Syifa, Irsydunnas :2024) .

Integration of Religious Values in the Development of Guidance and Counseling in Schools

Integration of religious values in the development of guidance and counseling in schools is a solution that can revive the leading sector in developing student character (Nuzliah, Chaeroen: 2023) . Research conducted at SMPN 1 Bandar Dua shows that the integration of religious, moral, social, and disciplinary values is carried out through a structured BK program.

The construction of religious, moral, social and disciplinary values is carried out by providing information services, content mastery services and individual counselling services. (Nuzliah, Chaeroen: 2023) . This service is provided based on materials prepared by BK teachers through a well-planned BK Program that takes religious values into account.

Method

This study uses a descriptive qualitative approach to understand the phenomenon of the integration of Islamic values in the practice of guidance and counseling at Al-Ikhlasih School in depth. The qualitative approach was chosen because it allows researchers to explore and understand the meaning given by individuals or groups to a social or human problem (M. Hamzanwadi: 2024).

Type of research is a case study, which focuses on one entity (Al-Ikhlasih School) to analyze in depth the phenomenon of the integration of Islamic values in guidance and counseling services. Case studies allow researchers to collect rich and in-depth data about the subject of research in a specific context.

The subjects in this study were guidance and counseling teachers at Al-Ikhlasih School, the principal, Islamic Religious Education (PAI) teachers, and several students who had received counseling services. The selection of research subjects used purposive sampling techniques, namely the selection of subjects based on certain criteria that are relevant to the objectives of the study. (N. Puspitasari: 2022).

To ensure the validity of the data, this study uses triangulation techniques of sources, methods, and theories. Source triangulation is done by comparing data from various sources (BK teachers, principals, PAI teachers, and students). Method triangulation is done by comparing data obtained from interviews, observations, and documentation. Theory triangulation is done by using various theoretical perspectives in analyzing data (H. Henny, Kadar Risman: 2024)

Result and Discussion

Al-Ikhlasih School is an Islamic educational institution that prioritizes education based on Islamic values. This school has a vision to develop a generation of Muslims who are noble, knowledgeable, and able to face global challenges. In its mission, this school is determined to integrate Islamic values in all aspects of education, including guidance and counseling services.

The guidance and counseling program at Al-Ikhlasih School is one of the leading programs that aims to help students not only in academic and career development, but also in the formation of morals and characters in accordance with Islamic teachings. This program emphasizes a holistic approach that considers the intellectual, emotional, social, and spiritual dimensions of students.

Guidance and Counseling Teachers' Strategies in Integrating Islamic Values into Counseling Services Development of Islamic Value-Based Counseling Curriculum

The BK teacher at Al-Ikhlasih School developed a counseling curriculum that integrates Islamic values as a basis for providing counseling services. The development of this curriculum involved collaboration between BK teachers, Islamic Religious Education teachers, and other stakeholders to ensure that Islamic values are effectively integrated into the guidance and counseling program.

The counseling curriculum developed includes aspects such as faith, worship, morals, and muamalah which are integrated into four areas of counseling guidance services, namely personal, social, learning, and career. In the personal area, for example, values such as piety, shiddiq (honesty), and istiqamah (consistency) are the main focus. In the social area, values such as ta'awun (cooperation), ikhsan (doing good), and justice are the foundation in developing students' social skills. (End of Pardamean, et al: 2024).

The development of this curriculum is in line with recent research that emphasizes the importance of integrating Islamic values into the ethics of the counseling profession. According to the research, the integration of Islamic values provides a strong moral foundation for counselors and comprehensive guidance in carrying out their professional duties. (End of Pardamean, et al: 2024).

Individual and Group Counseling Approaches with Spiritual Content

The BK teacher at Al-Ikhlasih School implements an individual and group counseling approach that not only focuses on solving students' psychological problems, but also considers the spiritual dimension. In individual counseling, the BK teacher applies Islamic values such as rahmah (compassion), hikmah (wisdom), and sabr (patience) in helping students overcome their problems.

Group counseling is conducted by integrating Islamic-themed activities, such as group discussions on moral values in Islam, role-playing that illustrates Islamic concepts such as adab (ethics), and reflective activities that encourage students to evaluate their behavior based on Islamic teachings. (Syifa, Irsydunnas : 2024).

This spiritually charged counseling approach is consistent with recent research findings showing that key values from the Hadith, such as compassion, justice, honesty, patience, and empathy, can be contextualized to increase the effectiveness and spiritual relevance of counseling practices. (Syifa, Irsydunnas : 2024).

Exemplary Behavior in Counseling Practice

BK teachers at Al-Ikhlasih School realize the importance of role models in integrating Islamic values into counseling services. They strive to be role models for students by demonstrating behavior and attitudes that are in accordance with Islamic teachings in daily counseling practices.

This exemplary behavior is demonstrated through various aspects, such as appearance in accordance with Islamic law, polite speech and avoiding gossip, and attitudes that show patience, empathy, and sincerity in helping students. BK teachers also demonstrate commitment to Islamic values by consistently carrying out worship practices such as praying on time and reading the Qur'an, which are examples for students (M. Hamzanwadi: 2024).

This role model strategy is in line with research findings at MA Tarbiyatul Islam Aziziah NW Wanasaba and MAN 2 East Lombok which show that role models are an effective strategy in forming Islamic moral values in students (M. Hamzanwadi: 2024).

Integration of Modern Counseling Techniques with Islamic Values

The BK teachers at Al-Ikhlasih School integrate modern counseling techniques with Islamic values to provide effective and spiritually relevant counseling services. Techniques such as Cognitive Behavioral Therapy (CBT), Solution-Focused Brief Therapy (SFBT), and Reality Therapy are modified and adapted to the Islamic context.

In the use of CBT, for example, the BK teacher helps students identify and change negative thought patterns that are not in accordance with Islamic teachings, such as despair (which is contrary to the concept of *raja'* or hope in Islam) or bad prejudice (which is contrary to the concept of *husnudzon*). In SFBT, the BK teacher encourages students to identify solutions that are in accordance with Islamic values and strengthens them with the concept of *tawakkal* (surrendering to Allah after trying) (Syifa, Irsydunnas : 2024).

This integration of modern counseling techniques with Islamic values is in line with recent research exploring how Islamic values can be used to strengthen modern psychological approaches and create a more holistic approach to addressing client problems. (Syifa, Irsydunnas : 2024).

Collaboration with Various Parties

BK teachers at Al-Ikhlasih School collaborate with various parties to ensure the integration of Islamic values in counseling services runs effectively. This collaboration involves:

1. Islamic Religious Education Teachers: Collaboration with Islamic Religious Education teachers allows BK teachers to gain a deeper understanding of Islamic values and how to apply them in the context of counseling. Islamic Religious Education teachers also assist in the development of counseling materials containing Islamic values (Abdullah Azzam, Moh. Sobirin: 2024)
2. Parents: Collaboration with parents is important to ensure consistency in the application of Islamic values in schools and at home. BK teachers hold regular meetings with parents to discuss student development and strategies to strengthen Islamic values in everyday life (M. Hamzanwadi: 2024).
3. Religious Figures: Collaboration with local religious figures is conducted to gain a broader perspective on Islamic values and how to apply them in the context of counseling. Religious figures are also invited to give lectures or workshops to students on topics relevant to Islamic values.

This collaboration strategy is in line with research at SMPN 1 Bandar Dua which emphasizes the importance of collaboration between teachers, families, and the community in optimizing the process of instilling religious values in students (Nuzliah Nuzliah, Chaeroen Niesa: 2023)

Challenges in Integrating Islamic Values into Counseling Services

Differences in Understanding and Interpretation of Religion

One of the main challenges in integrating Islamic values into counseling services at Al-Ikhlasih School is the differences in understanding and interpretation of religion among school stakeholders, including teachers, students, and parents. These differences can lead to inconsistencies in the application of Islamic values in counseling practices.

For example, there are differences of opinion about the extent to which Islamic values should be emphasized in counseling for certain problems, such as adolescent romantic problems or interpersonal conflicts. Some may emphasize a normative approach based on Islamic law, while others may emphasize an approach that takes into account the context and psychological development of students (H. Henny, Kadar Risman: 2024).

This challenge is in line with research findings at PAUD institutions in Baubau City which identified differences in religious understanding between teachers and parents as one of the obstacles in instilling religious values in children (H. Henny, Kadar Risman: 2024)

Limitations of Training and Professional Development

BK teachers at Al-Ikhlasih School face challenges in the form of limited training and professional development in the field of Islamic counseling guidance. Although they have an

educational background in counseling guidance, many of them do not receive specific training on how to effectively integrate Islamic values into counseling practice.

These limitations cause BK teachers to often have to learn independently and experiment with various approaches, which can lead to inconsistency and ineffectiveness in the application of Islamic values in counseling. In addition, the lack of reference materials and specific modules on Islamic counseling guidance is also a challenge in itself. (End of Pardamean, et al: 2024).

This challenge is in line with recent research that identifies the lack of training as one of the barriers to the integration of Islamic values into the ethics of the guidance and counseling profession. (End of Pardamean, et al: 2024)

The Influence of Social Media and Popular Culture

The influence of social media and popular culture poses a significant challenge in integrating Islamic values into counseling services at Al-Ikhlasih School. Students are often exposed to content and values that are contrary to Islamic teachings through social media platforms, which can influence their perceptions and behaviors.

The phenomenon of "phone snubbing" or phubbing, where someone focuses more on their smartphone than interacting with people around them, is one of the problems that must be overcome by BK teachers. This phenomenon not only has a negative impact on students' communication and social relationships, but can also cause students to be less responsive to Islamic values instilled through counseling services (Abdullah Azzam, Moh. Sobirin: 2024).

This challenge is in line with recent research that identifies irresponsible use of technology as one of the factors that needs to be addressed in the formation of student character based on Islamic values (Abdullah Azzam, Moh. Sobirin: 2024).

Lack of Family and Community Support

Lack of family and community support is a challenge in integrating Islamic values into counseling services at Al-Ikhlasih School. Some parents may not provide adequate support in reinforcing the Islamic values instilled in schools, either due to busyness, lack of understanding, or differences in priorities.

In addition, a less conducive community environment, such as an environment with a low level of religiosity or an environment exposed to values that conflict with Islamic teachings, can also affect the effectiveness of the integration of Islamic values in counseling services (M. Hamzanwadi: 2024)

This challenge is in line with research findings at MA Tarbiyatul Islam Aziziah NW Wanasaba and MAN 2 East Lombok which identified the community and family environment as inhibiting factors in the formation of Islamic moral values in students (M. Hamzanwadi: 2024).

The Impact of Integration of Islamic Values on Counseling Services

Improving the Effectiveness of Counseling Services

The integration of Islamic values into counseling services at Al-Ikhlasih School has increased the effectiveness of the service. Students tend to be more responsive to counseling approaches that integrate values that are in line with their beliefs and culture.

Islamic values such as sabr (patience), tawakkal (surrender after trying), and qana'ah (acceptance with sincerity) help students cope with stress, anxiety, and other emotional problems. Counseling approaches that integrate these values help students develop emotional resilience and adaptive coping. (Syifa, Irsydunnas : 2024).

This positive impact is in line with recent research findings showing that the integration of Islamic values into counseling practice strengthens moral foundations, increases cultural and spiritual relevance, and encourages a holistic approach to addressing client problems. (Syifa, Irsydunnas : 2024).

Formation of Student Character and Morals

The integration of Islamic values in counseling services at Al-Ikhlasih School has contributed significantly to the formation of students' character and morals. Through counseling services that integrate Islamic values, students not only get help in overcoming psychological problems, but also get guidance in developing morals in accordance with Islamic teachings.

Values such as shiddiq (honesty), amanah (responsibility), tabligh (effective communication), and fathanah (intelligence) integrated into counseling services help students develop positive characters and noble morals. Students also show improvements in aspects such as religious discipline, good interpersonal relationships, and social responsibility. (End of Pardamean, et al: 2024).

This positive impact is in line with research findings at MA Tarbiyatul Islam Aziziah NW Wanasaba and MAN 2 East Lombok which show that good guidance and counseling services can help shape Islamic moral values in students (M. Hamzanwadi: 2024).

Increasing Spiritual Awareness and Religiosity

The integration of Islamic values in counseling services at Al-Ikhlasih School has increased students' spiritual awareness and religiosity. Through counseling services that integrate Islamic values, students are encouraged to reflect on their relationship with Allah SWT and how their beliefs can be a source of strength in facing life's challenges.

Students showed improvement in worship practices such as prayer, reading the Qur'an, and fasting. They also showed improvement in aspects such as tafakkur (spiritual reflection), dhikr (remembering Allah), and muhasabah (self-introspection) (Nuzliah, Chaeroen: 2023).

This positive impact is in line with research findings at SMPN 1 Bandar Dua which show that the integration of religious values in counseling guidance can help in developing student character, including religious character. (Nuzliah, Chaeroen: 2023).

Strengthening Student Identity and Resilience

The integration of Islamic values in counseling services at Al-Ikhlasih School has strengthened students' identity and resilience. Through counseling services that integrate Islamic values, students are encouraged to develop a strong understanding of their identity as Muslims and how Islamic teachings can be a guide in facing life's challenges.

Students showed improvements in aspects such as self-confidence, self-esteem, and resilience in the face of pressure and challenges. They also showed better ability to maintain their values and beliefs amidst peer group pressure and social media influence (J Jamila, M Hasibuan Fauzi, S Ngayomi Yudha Wastuti: 2023).

This positive impact is in line with recent research which shows that the use of religious values in education can help students develop strong character and resilience in facing the challenges of global life. (N. Puspitasari: 2022).

Conclusion

This study explores the strategies of guidance and counseling teachers in integrating Islamic values into counseling services at Al-Ikhlasih School. Based on the results of the study, it can be concluded that:

1. Guidance and Counseling teachers at Al-Ikhlasih School implement various strategies in integrating Islamic values into counseling services, including the development of an Islamic value-based counseling curriculum, individual and group counseling approaches with spiritual content, role models in counseling practices, integration of modern counseling techniques with Islamic values, and collaboration with various parties.

2. Challenges faced in integrating Islamic values into counseling services at Al-Ikhlasiah School include differences in understanding and interpretation of religion, limited training and professional development, the influence of social media and popular culture, and lack of family and community support.
3. The integration of Islamic values into counseling services at Al-Ikhlasiah School has had a positive impact, including increasing the effectiveness of counseling services, character and moral formation of students, increasing spiritual awareness and religiosity, and strengthening student identity and resilience.

The findings of this study indicate that the integration of Islamic values in counseling services not only strengthens the spiritual dimension of counseling, but also increases the effectiveness of these services in helping students overcome problems and develop positive characters. A holistic approach that considers the intellectual, emotional, social, and spiritual dimensions of students has proven to be more effective in the context of Islamic education.

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